

Aldi – Farmdale – Full Cream, Instant Milk Powder

1kg – Flow Wrap

FIN SEAL HIDDEN 10mm 10mm

BACK – RIGHT 75mm

SIDE 62.5mm

FRONT 160mm

SIDE 62.5mm

BACK – LEFT 75mm

FIN SEAL 10mm

SEAL TOP 10 31.25mm

222.5mm

31.25mm

SEAL BOTTOM 10 31.25mm

FIN SEAL

FIN SEAL

DATE CODE AREA 70 x 45mm

Best Before:

1 kg

MAKES 7 LITRES



full cream

instant milk powder



Energy 8% 710kJ

Fat 13% 9.0g

Sat Fat 25% 6.0g

Sugar 15% 13.5g

Sodium 5% 125mg

Calcium 39% 310mg

% Daily Intake (%DI) per 250mL serve

% Recommended Dietary Intake (%RDI) per typical 250mL serve

Mixed Berry Muffins

(Makes 12)

Ingredients:

- 2 cups self-raising flour
- ¾ cup caster sugar
- 1 cup reconstituted FARMDALE® Full Cream Milk Powder
- 2 cups fresh mixed berries
- 2 eggs
- 1 teaspoon vanilla extract
- 100g butter, (melted)

Method:

- Preheat oven to 180°C. Grease a 12 cup muffin pan or insert paper cups into pan.
- Sift flour & caster sugar into a bowl.
- Whisk reconstituted FARMDALE® Full Cream Milk Powder, eggs, vanilla and melted butter in a separate bowl until well combined.
- Using spoon, stir wet mixture into dry ingredients. Add fresh mixed berries without over mixing.
- Spoon mixture into muffin pan and bake for 25–30 minutes.
- Let muffins stand in pan for 5 minutes and turn onto a wire rack for cooling. Lightly dust with icing sugar (if preferred).
- Serve with a tall glass of reconstituted FARMDALE® Full Cream Milk Powder and Enjoy!

Directions for use:

To mix 1 litre:

- Add 1½ cups (140g) of instant FARMDALE® Full Cream Milk Powder to 2 cups of hot or cold water.
- Stir until dissolved.
- Add more water to make up 1 litre.

To mix 1 cup:

- Add ½ cup (35g) of instant FARMDALE® Full Cream Milk Powder to ½ cup of hot or cold water.
- Stir until dissolved.
- Add more water to make up 1 cup.

For best results always add powder to water.

For richer flavour and extra nourishment, use additional powder to suit your personal taste or preference. To enhance the natural flavour of this product we recommend storing the reconstituted liquid milk in the refrigerator overnight prior to consumption.

NUTRITION INFORMATION
(when prepared as directed)

Servings per package: 28
Serving size: 250mL (1 cup)

	Ave. Quantity per Serving	% Daily Intake* per Serving	Ave. Quantity per 100mL
Energy	710 kJ (170 Cal)	8%	281 kJ (68 Cal)
Protein	8.5 g	17%	3.4 g
Fat, total	9.0 g	18%	3.6 g
- saturated	6.0 g	25%	2.4 g
- trans	0.0 g	0%	0.0 g
- sugars	13.5 g	15%	5.4 g
Sodium	125 mg	5%	50 mg
Calcium	310 mg (39% RDI)	39%	124 mg

*Percentage Daily Intakes are based on an average adult diet of 8700kJ. Your daily intakes may be higher or lower depending on your energy needs.
*Percentage of recommended dietary intake.

(%DI) per 250mL serve

Energy 8% 710kJ

Regular exercise and a balanced diet are key factors to enjoying a healthy life. Follow this Percentage Daily Intake Guide and you're well on your way to a healthier you.

Ingredients: Full Cream Milk, Emulsifier (322 From Soy).

Store in a cool, dry place. After reconstitution, store refrigerated below 4°C and consume within 3 days.

Product of Australia.

Specially made for ALDI Stores to our stringent quality specifications. If you are not entirely satisfied with this product, please return it to your nearest ALDI store for a full refund or replacement.

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